

TALK OF THE TRAILS

APRIL - JUNE 2024 ISSUE

THESE GUYS WORLDWIDE

Live at the Social

Live at the Piano
with **PHIL THOMPSON**
with *Sax*

BACK COUNTRY BOYS

Take Me Home, Country Roads
– End of Season Party!

FLORA

Top Hits Band

Dance Party

CONTACT INFORMATION

VALENCIA TRAILS

11880 Majestic Trails Blvd, Naples FL 34120

Clubhouse Main Line

239-359-6950

GRS Community Management Hours

9 a.m. – 5 p.m. Mon - Fri

www.valenciatrailshoa.org | valenciatrails.thundertix.com

Property Manager

Lori Nixon | lnixon@grsmgt.com

Lifestyle Director

Michelle Wedlake | mwedlake@grsmgt.com

Club Facility Manager

Stephen DiGuardi | sdguardi@grsmgt.com

Administrative Assistant

Frances Monegro | fmonegro@grsmgt.com

Resident Services Attendant

VTresidentservices@grsmgt.com

Bryce Nelson | bnelson@grsmgt.com

GATHER RESTAURANT & BAR

Food & Beverage Director

Dana Roberson

Dana@gathertrails.com

Executive Chef

Debra Bicknese

debra@gathertrails.com

TOTAL HEALTH SYSTEMS

Fitness Operations Director

Marni Rudnick | info@totalhealthsystemsinc.com

RACQUET CLUB & PRO SHOP

Director of Racquets & Bocce

Jordan Lingle | jordan@playmyhoa.com

Valenciatrailsproshop@gmail.com

THE SPA AT VALENCIA TRAILS

Owner

Christin Bones | admin@u-topiaspa.com



New Homeowner

ORIENTATIONS

New residents are invited to attend an orientation session with the GRS Community Management team. You will learn all the ins and outs of using the amenities, programs, web systems, property questions and more. Residents are required to be closed on homes and to RSVP in advance to vtresidentservices@grsmgt.com.

1st Wednesday of Every Month

11 a.m. | Social Hall

April 3 | May 1 | June 5

Save the Dates 2024

Born In the USA Pool Party | July 4

Thistle and Lace – Classic Rock and Classic Country Band | July 20

Girlfriends Day | August 1

Life's A Beach Pool Party | August 24

Labor Day BBQ | September 2

RocOpraNatra | September 14

**Disclaimer: all events and activities are subject to change and additional activities and events may be added to the calendar.*

A Message from Your



PROPERTY MANAGER | Lori Nixon

Wow, I can't believe it is Spring already! I hope you all enjoyed the cooler temperatures. Our landscaping is not very fond of it which is why you may have noticed the sod losing its' lush green color and some plants lost leaves during the cooler weeks. We will see the leaves and the beautiful color return to our landscaping as the temperatures increase. If you have any landscaping or irrigation concerns, please submit a work order to Down to Earth via the Valencia Trails Website.

I would like to congratulate Jim Heffernan, your newly elected homeowner board member! Jim has been joining our ACC reviews and community site drives to learn more about our vendors and current processes and procedures.

Valencia Trails is continuing to grow and with growth we also see an increase in ACC applications! Please keep in mind that if you have any questions or would like your application reviewed prior to submitting to the Committee, you can make an appointment with myself or my Administrative Assistant, Frances Monegro, and we will be happy to assist!

Make sure you review the Calendar of Events, there is something fun for everyone! Please keep in mind, as the community continues to grow it is even more important to make reservations for upcoming events. You won't want to miss out on the excitement!

Take Care!
Lori Nixon
Property Manager (LCAM, CFCAM)

A Message from Your



HOA PRESIDENT | Tambra Wolfe

Valencia Trails continues to be a busy place! Lifestyle is in full swing, and residents are enjoying all that Valencia Trails has to offer. From amazing bands, comedians, block parties, pickleball, tennis bocce and more, there is something for everyone!

The homeowners elected the 1st homeowner board member, James Heffernan, in January as we had reached 50% homes closed. Jim has thoroughly reviewed the homeowner documents (and encourages all homeowners to do the same), the audited and monthly financials (he believes we are in good shape versus budget), and the major vendor contracts for Valencia Trails Homeowners Association to become knowledgeable regarding terms and conditions contained therein. Additionally, he is participating in:

1. Weekly ACC meetings – this provides an opportunity to see the process for approvals and the considerations made to ensure compliance with the HOA documents as well as the aesthetic beauty of our community.
2. Monthly homeowner orientations – this meeting provides information to residents related to living in Valencia Trails, i.e. How to pay HOA dues, what is included in landscape maintenance, how to access information on events, who is who in the property management offices, etc.

3. Site drives – the developer, property manager, landscape and irrigation managers drive the site to observe areas that need attention as well as identifying potential homeowners that may need reminding of compliance issues within the homeowner's association guidelines.
 4. Weekly clubhouse vendor meetings – this time is utilized to coordinate all parties as it relates to our lifestyle events and facilities management.
 5. Lastly, he has made himself available to communicate with homeowners weekly at the clubhouse and may also be reached via email: JGPHIBC@gmail.com.
- Jim has jumped right in to become familiar with all areas of the Valencia Trails Homeowners Association and is a welcome addition to the Board of Directors.

As you can see, sales and construction have continued at a record pace. We have sold 770 homes and closed 574 homes projects to date. We released 9 of our models for sale and are happy to report they are all sold! We expect to sell out the community this year and will continue to build out this beautiful community into 2025. There are still opportunities to purchase, so refer to your friends and family before it's too late!

Cheers!
Tambra Wolfe
HOA President

April EVENTS

Springtime Soup Opera with The Traveling Chef

Wednesday, April 3rd

6 p.m. | Cooking Studio | \$65

Minimum 8

Chef Anita brings her culinary knowledge to Valencia Trails and provides a fun, hands-on experience cooking (and eating!) delicious food.



Springtime Soup Opera!

- Lemon rice and artichoke soup
- Springtime minestrone with turkey meatballs
- Dessert: chocolate soup with cake croutons

Organize, Energize Your Closet

Thursday, April 4th | 1 p.m. | Social Hall | Free

Overwhelmed, stressed, or feeling stuck? Does your closet need an overhaul? Tired of looking at the clutter in your closet? If you answered yes to any of these questions, join Kristin MacRae for this motivating and energizing presentation! She'll give you all the tips you need to get unstuck, organized, and energized in your closet.



Live to 100: Secrets of the Blue Zones

Thursday, April 4th | 7 p.m. | Social Hall | Free

You are invited to a special viewing party of the first episode of Netflix's Live to 100: Secrets of the Blue Zones. Experience a vibrant onscreen journey through the world's original blue zones. Following the 34-minute episode you will learn from members of the SWFL Blue Zones Project Leadership Team, how they are collectively applying lessons from these regions to transform our communities. Refreshments and Free Giveaways!

THESE GUYS WORLDWIDE



Saturday, April 6

8 p.m. | Social Hall | \$35 (plus tax)

These Guys Worldwide's popularity came quickly with their iconic tributes to famous groups like the Temptations, The Jersey Boys, and Black-Eyed Peas. Whether it's Rock N Roll, Funk, Disco, Barbershop, Jazz, Pop or Motown, These Guys bring undying energy that will have you partying and singing along to every song!

Girls Night In – Spring Shopping for Fashion with Friends!

Thursday, April 11th | 4 p.m. | Social Hall | Free

Join us for a Girl's Night In! Enjoy a complimentary welcome wine spritzer or mocktail while you shop with friends from the variety of fashion, accessories, and home retailers. Free Door Prizes from every vendor who attends! No reason to rush, sit and enjoy time with your friends! Additional wine or beer is available for purchase from the bar. Register if you plan to attend.



Pure FLORIDA Meet & Greet

Friday, April 12th | 9 a.m.
Social Hall | Free

Pure FLORIDA! Pure Fun! Founded in 2009 by Captains Lance Julian and Captain Harry Julian, this father and son team have been involved on the water all their lives. Tourism has been a great part of that and the art of making people have a great experience is what they are out to achieve. Come and meet members of their leadership team and learn all about the services they offer from fishing, cruises, dolphin tours, boat rentals, jet ski rental and private charters. Don't miss out on a chance to win a Door Prize! Learn more about the upcoming Valencia Trail excursions with Pure FLORIDA.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.

CPR & AED Demonstration - Greater Naples Fire Rescue District (GNFRD)

Monday, April 15th

10 a.m. | Social Hall | Suggested Donation \$10.00

(30 Limit-cash/check to GNFRD)

CPR saves lives! Learn the procedure for CPR with a demonstration and use of AED. Understanding it can double or triple the chances of survival after cardiac arrest.



Paint & Sip

Thursday, April 18th

4 p.m. | Art & Crafts Studio | \$50

Treat yourself to a fun 2 hr. step by step wine glass paint class. Instruction, supplies including set of two wine glasses along with a glass of house wine from Gather and a small cheese board.



Muffins & Mimosas at Rebecca's - Exclusive Shopping Event

Tuesday, April 16th | 9 or 10 a.m.

Rebecca's 9123 Strada Pl. #7110,

Naples | Free

Rebecca's offers the trendiest lines, perfect for the Southwest Florida lifestyle. With designers like Frank Lyman, Alberto Makali, Clara Sun Woo and more, the possibilities are endless with sizes 2-16 and XS-XL. Rebecca's carries a wide variety of jewelry, handbags and scarves that will match any outfit. Complimentary mimosas and muffins. Register to shop from 9 – 10 a.m. or 10 – 11:00 a.m. and then shop neighboring stores. Meet back at Rebecca's for a group photo at 11:45 a.m. Then head over to Bravo for lunch at 12 p.m. Separate checks provided.

Dolphin Watch/Eco Shelling Tour



Wednesday, April 17th

8:30 a.m.

Pure FLORIDA

1200 Fifth Avenue South,
Naples FL \$83.74

Price includes tax and fuel charges

Registration deadline: April 11

Minimum 10

This is the best combination tour of cruising Naples Bay to see some mansions, get up close to nature as you pass by island mangrove forests that outline our coast and slow down to see the dolphins and manatees that call our waterways home. This tour is perfect for the environmental enthusiast who enjoys a comfortable ride, appreciates all the natural beauty that surrounds our coastline and enjoys historical and ecological narration provided by our Captains. A highlight of this experience is our stop on Keewaydin Island. There, you can take a walk along the soft white sand beach, collect seashell treasures to bring home or dip your toes in the gorgeous Gulf Waters.



TAKE ME HOME, COUNTRY ROADS - END OF SEASON PARTY!

Sunday, April 21st | 5 p.m.

Resort Pool Deck

\$40 Entry & Meal or \$18.00 Entry

Meal registration deadline: April 15

Celebrate the end of a great season with your family and friends. Live music by the incredible Back Country Boys. Meal includes Fried Chicken, Veggie Kabobs w/Corn, Hush Puppies, Baked Beans, Coleslaw, Jalapeno Cheddar Cornbread w/Honey Butter, Cherry and Blueberry Pie, Line dancing lessons taught by members of the VT Social Club during the band's 30-minute intermission. Enjoy taking a ride or getting your photo on the mechanical bull!



Movie Night: Moneyball

Thursday, April 25th

7 p.m. | Social Hall | Free

Join us for Money Ball. Free popcorn will be provided, and Gather's bar service will pass through at 6:50 pm and then again halfway through the movie for beverages for purchase.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.

May EVENTS



Tea Time Fit for a Queen with The Traveling Chef

Wednesday, May 1st

6 p.m. | Cooking Studio | \$65

Registration deadline: April 24

Learn from Chef Anital Kern how to brew a proper cup of tea sip from a real porcelain tea cup and pour from lovely tea pots. You will learn how to make a variety of tea sandwiches,

cake, scones, topped with your own homemade jam, and clotted cream. Minimum 8 and Maximum 18 participants.



Organize, Energize Your Kitchen

Tuesday, May 7th

10:30 a.m. | Social Hall | Free

Join Kristin MacRae for this motivating, fun, and informative presentation! Looking to save money? Organizing your kitchen is a great way to start! When was the last time you emptied everything out of your kitchen drawers, cabinets, and refrigerator? At the end of this presentation, you'll have all the tools and tips you need and a clear path forward to getting your entire kitchen organized!

Live at the Piano with PHIL THOMPSON with Sax

Saturday, May 18th | 8 p.m. | Social Hall | \$25

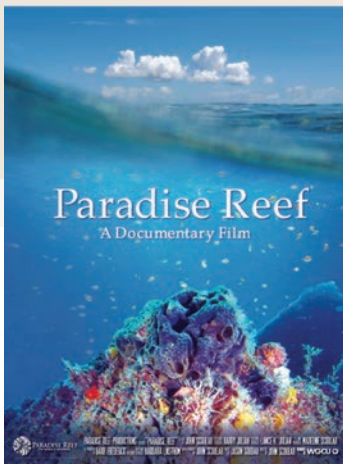
Phil Thompson is an internationally acclaimed pop pianist and is an official Kawai endorsed touring artist. As Phil's current album, Love Themes from the Silver Screen continues to chart on iTunes in the "Top 20" Love Themes albums, he has toured across the globe performing at venues including Mandalay Bay and Caesars Palace in Las Vegas, the MGM Grand in Macau which lead to a featured article in Cosmopolitan Magazine - Hong Kong, and many of the globe's top sporting events including the US Open Tennis Tournament in New York for 3 years in a row, the Rogers Cup, the Shanghai Rolex Masters and China Open, as well as the Wendy's 3 Tour Challenge in Las Vegas.

Phil has also headlined on several specialty-themed cruise events, most recently on the "Wine, Dine & Music Cruise" as spotlighted on USA Today with Kenny Loggins and Three Dog Night and Phil has also served as an opening act for artists including Rod Stewart, David Foster, Brian McKnight, The Canadian Tenors, and Clay Aiken to name a few. Submit your song requests when registering.



**DON'T
MISS
THIS**

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.



Paradise Reef

Wednesday, May 15th

9 a.m. | Social Hall | Free

The one-hour documentary film follows a visionary's quest to secure BP disaster funds, rally community support and deploy 18,000 tons of concrete to create 36 artificial reefs along Florida's Paradise Coast. Paradise Reef captures the mission and passion of attorney Peter

Flood and Economic Recovery Task Force Chair, Diane Flagg as they led the citizen's initiative to secure \$1.3 million in BP disaster funds and bring together Collier County, the City of Naples, and the City of Marco Island to support the artificial reef project. Through the funding received from the Collier County Tourist Development Council and private donations, the documentary film and project were completed without the use of taxpayer dollars.

In order to raise awareness of the project and chronicle the efforts of the project supporters, the documentary film Paradise Reef was created. The film was produced by Pure Image Productions, a collaboration between executive producer and aerial coordinator, Capt. Harry Julian and executive producer and marine coordinator Capt. Lance H. Julian, co-founders of Pure Florida and Marine Team International, co-producer Barb Frederick, filmmaker and director John Scoular and line producer Madeline Scoular. WGCU TV served as the distributor and presenting station of the documentary film, with WGCU's Barbara Linstrom as consulting executive producer of the film. Paradise Reef first aired on WGCU and WLRN TV in June 2016.



Movie Night: Mother's Day

Thursday, May 23rd

7 p.m. | Social Hall | Free

Join us for the movie "Mother's Day". Free popcorn will be provided and Gather bar service will pass through at 6:50 p.m. and halfway through the movie.



Let Freedom Ring! Ribs, White & Blue Memorial Day Celebration!

Monday, May 27th | Noon | Resort Pool Deck | \$40

Registration deadline: May 21

Join us as we celebrate in The Land of Free, Because of the Brave! Enjoy family, friends, food, and fun! The menu includes Kansas City Style BBQ Ribs, Burgers, Hot Dogs, Pineapple Coleslaw, Dill Potato Salad, 3 Bean Salad, Backyard Macaroni Salad Cookies, Ice Cream Sandwiches and Watermelon Slices! DJ, Music, games, and more!



Watercolor Craft Class

Wednesday, May 22nd

3 p.m. | Arts & Crafts Studio | \$65

Registration deadline: May 16 | Minimum 6

Enjoy a fun and educational watercolor class focused on one of Southwest Florida's diverse animals while discovering your inner artist. Southwest Florida is home to a wide variety of animals, from tiny sea stars to large manatees. In a 2-hour studio class, we'll focus on capturing the uniqueness of one of these awesome creatures. I provide samples, suggestions, painting tips and how to. You add imagination and create a painting that reflects you.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.

June EVENTS



Tame Your Paper Clutter

Wednesday, June 5th

6:30 p.m. | Social Hall | Free

Paper management is an issue many people struggle with, and creating organized systems can be a challenge. Kristin will give you all the information you need to tame your paper and get it under control permanently. She'll walk you through every type of paper, help you with the process of decluttering, and give you options for organized systems in the future.

Stay tuned for information on a community shredding event coming soon!



FLORA TOP HITS BAND DANCE PARTY

Saturday, June 8th | 8 p.m. | Social Hall | \$25

Top hits cover band located in Southwest Florida. With a unique fusion sound covering all genres. FLORA Band offers an extensive song list and can perform a variety of styles for every occasion.

Enjoy all your favorite tunes of all times and every genre. LIVE, HIGH-ENERGY, FUN SONGS that will have you dancing all night long.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.

Deep Sea Fishing



Thursday, June 6th

7:30 a.m. | Pure FLORIDA | \$159 (includes tax)

Registration deadline: May 20 | Minimum 10

M/V Sea Flight welcomes guests aboard 4-hour Deep Sea Fishing Trip departing from Historic Tin City Docks in Naples, Florida out to the plentiful waters of the Gulf of Mexico. Fishing aboard M/V Sea Flight offers MORE TIME FISHING than any other fishing boat in the region! Approximately 2 hours of fishing time up to 20 miles offshore. **Don't forget, when you fish with Pure FLORIDA everything is included: license, bait, tackle, rods, reels, and cleaning!**

There are a variety of fish we target depending on the season; however, we aim for Grouper and Snapper. With the increased power of M/V SEA FLIGHT and latest state-of-the-art fish finding navigation, Pure Florida's experienced Fishing Captains will find the best fishing spots in the fastest time! We look forward to you experiencing a Fishing Trip aboard M/V SEA FLIGHT!



CPR & AED Demonstration - Greater Naples Fire Rescue District (GNFRD)

Tuesday, June 18th

10 a.m. | Social Hall | Suggested Donation \$10.00

(30 Limit-cash/check to GNFRD)

CPR saves lives! Learn the procedure for CPR with a demonstration and use of AED. Understanding it can double or triple the chances of survival after cardiac arrest.



Southern Comfort Food with Traveling Chef Anita Kern

Wednesday, June 19th

6 p.m. | Cooking Studio | \$65

Alabama White BBQ Sauce Chicken, Cowboy Caviar Salad. Dessert is Peach and Almond Crumble.

Registration deadline: June 12 | Minimum 8



CHELLO

An Evening of Motown and Funk Dance Party

Saturday, June 22nd

8 p.m. | Social Hall

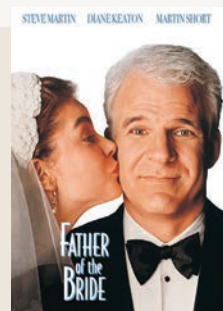
\$25.00 (plus tax)



The Chello Hollyday Band is a Funk and Soul Motown-style dance

band that will keep you on the dance floor all night long with some of the best musicians in SWFL!

Come on out and dance til' you drop!



Movie Night: Father of the Bride

Thursday, June 27th

7 p.m. | Social Hall | Free

Free popcorn will be available. Gather bar staff will provide table drink service for purchase at the start and halfway through the movie.

Reservations are required for all events. To RSVP, go to www.valenciatrailshoa.org or visit Resident Services.

CALENDAR OF EVENTS • APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
<p>CALENDAR KEY:</p> <ul style="list-style-type: none"> Lifestyle Events HOA Events/Meetings Gather Events Fitness/Wellness Court Sports Spa Arts Activities Holidays 	<p>8 am Full Body Strength Training 10 am Pickleball 101</p> <p style="text-align: right;">1</p>	<p>9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10:30 am Yoga 6:30 pm Zumba</p> <p style="text-align: right;">2</p>	<p>8 am Full Body Strength Training 10 am PB Pickleball 10:30 am Aqua Fit 11 am New Homeowners Meeting 6 pm Cooking with T</p>
7	<p>8 am Full Body Strength Training 10 am Pickleball 101</p> <p style="text-align: right;">8</p>	<p>9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10:30 am Yoga 1 pm Sa-Sha Callus Removal Event 6:30 pm Zumba</p> <p style="text-align: right;">9</p>	<p>8 am Full Body Strength Training 10 am PB Pickleball 10:30 am Aqua Fit 4pm Spring Fling Ho</p>
<p>8 am Pickleball Men's & Women's Double Championship 11 am Brunch</p> <p style="text-align: right;">14</p>	<p>8 am Full Body Strength Training 10 am Pickleball 101 10 am CPR & AED Demonstration</p> <p style="text-align: right;">15</p>	<p>9 am Cardio Strength 9 am Tennis Drill & Play 9 am Muffins & Mimosas at Rebecca's 10 am Muffins & Mimosas at Rebecca's 10 am Developer PB Clinic 10:30 am Yoga 4:30 pm Bocce Ice Cream Social Mixer 6:30 pm Zumba</p> <p style="text-align: right;">16</p>	<p>8 am Full Body Strength Training 8:30am Dolphin Wa 10 am PB Pickleball 10:30 am Aqua Fit</p>
<p>10 am Tennis Member/Guest Club Championship 5 pm Country Roads, Take Me Home</p> <p style="text-align: right;">21</p>	<p>8 am Full Body Strength Training 10 am Pickleball 101</p> <p style="text-align: right;">22</p>	<p>9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10:30 am Yoga 6:30 pm Zumba</p> <p style="text-align: right;">23</p>	<p>8 am Full Body Strength Training 10 am PB Pickleball 10:30 am Aqua Fit 3 pm Peel Party</p>
<p>11 am Brunch</p> <p style="text-align: right;">28</p>	<p>8 am Full Body Strength Training 10 am Pickleball 101</p> <p style="text-align: right;">29</p>	<p>9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10:30 am Yoga 6:30 pm Zumba</p> <p style="text-align: right;">30</p>	

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>Strength Training 01</p> <p>3</p> <p>Member Orientation</p> <p>Cooking Chef</p>	<p>4</p> <p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10 am Tennis Mixed Doubles Round Robin</p> <p>10:30 am Yoga</p> <p>1 pm Organize, Energize Your Closet</p> <p>6:30 pm Zumba</p> <p>7 pm Live to 100: Secrets of the Blue Zones</p>	<p>5</p> <p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p>	<p>6</p> <p>10 am Chisel & Tone</p> <p>8 pm These Guys Worldwide</p>
<p>Strength Training 01</p> <p>10</p> <p>Happy Hour Block Party</p>	<p>11</p> <p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>12pm The Truth About Targeting Workouts</p> <p>4 pm Girls Night In – Spring Shopping Fashion & Friends</p> <p>6:30 pm Zumba</p>	<p>12</p> <p>9 am PB Shot of the Week</p> <p>9 am Pure FLORIDA Meet & Greet</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p>	<p>13</p> <p>10 am Chisel & Tone</p> <p>10 am Men's & Women's Double Club Championship</p> <p>5 pm Butcher Block Night</p>
<p>Strength Training 01</p> <p>17</p> <p>Beach/Eco Shelling Tour</p>	<p>18</p> <p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>4 pm Paint & Sip</p> <p>6:30 pm Zumba</p>	<p>19</p> <p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p>	<p>20</p> <p>9 am Free Equipment Clinics</p> <p>10 am Chisel & Tone</p> <p>Pickleball US Open Championship Offsite</p>
<p>Strength Training 01</p> <p>24</p>	<p>25</p> <p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>6:30 pm Zumba</p> <p>7 pm Movie Night – Moneyball</p>	<p>26</p> <p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p>	<p>27</p> <p>10 am Chisel & Tone</p> <p>5 pm Butcher Block Night</p>



CALENDAR OF EVENTS • MAY 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

CALENDAR KEY:
 Lifestyle Events
 HOA Events/Meetings
 Gather Events
 Fitness/Wellness
 Court Sports
 Spa
 Arts Activities
 Holidays



8 am Full Body Strength Training
 10 am PB Pickleball
 10:30 am Aqua Fit
 11 am New Homeowner Orientation
 6 pm Tea Time Fitness

5

8 am Full Body Strength Training
 10 am Pickleball 101

6 7
 9 am Cardio Strength
 9 am Tennis Drill & Play
 10 am Developer PB Clinic
 10 am TN Kings and Queens Court
 10:30 am Yoga
 10:30 am Organize, Energize Your Kitchen
 6:30 pm Zumba

8 am Full Body Strength Training
 10 am PB Pickleball
 10:30 am Aqua Fit
 11 am Jane Iredale Skincare

11 am Mother's Day Brunch
 12

8 am Full Body Strength Training
 10 am Pickleball 101
 13

9 am Cardio Strength
 9 am Tennis Drill & Play
 10 am Developer PB Clinic
 10:30 am Yoga
 6:30 pm Zumba
 14

8 am Full Body Strength Training
 9 am Paradise Reef
 10 am PB Pickleball
 10:30 am Aqua Fit
 12 pm Mini Facial Event

12 pm Flatbreads Cooking Class
 19

8 am Full Body Strength Training
 10 am Pickleball 101
 20

9 am Cardio Strength
 9 am Tennis Drill & Play
 10 am Developer PB Clinic
 10:30 am Yoga
 6:30 pm Zumba
 21

8 am Full Body Strength Training
 10 am PB Pickleball
 10:30 am Aqua Fit
 3 pm Watercolor Craft

11 am Brunch
 26

8 am Full Body Strength Training
 10 am Pickleball 101
 12 pm Memorial Day Celebration
 27

9 am Cardio Strength
 9 am Tennis Drill & Play
 10 am Developer PB Clinic
 10 am Easy as 1,2,3 Round Robin Tennis
 10:30 am Yoga
 6:30 pm Zumba
 28

8 am Full Body Strength Training
 10 am PB Pickleball
 10:30 am Aqua Fit

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>Strength Training 01</p> <p>Member Orientation</p> <p>Queen- Cooking Class</p> <p>1</p>	<p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>6:30 pm Zumba</p> <p>2</p>	<p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p> <p>3</p>	<p>10 am Chisel & Tone</p> <p>5 pm Kentucky Derby Block Party</p> <p>4</p>
<p>Strength Training 01</p> <p>Pop & Learn</p> <p>8</p>	<p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>6:30 pm Zumba</p> <p>9</p>	<p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p> <p>10</p>	<p>10 am Chisel & Tone</p> <p>11</p>
<p>Strength Training 01</p> <p>15</p>	<p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>12 pm Free Equipment Clinics</p> <p>1 pm Bocce Field Day</p> <p>6:30 pm Zumba</p> <p>16</p>	<p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p> <p>17</p>	<p>10 am Chisel & Tone</p> <p>8 pm Live at the Piano with Phil Thompson</p> <p>18</p>
<p>Strength Training 01</p> <p>Class</p> <p>22</p>	<p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>4 pm Bocce Potluck</p> <p>6:30 pm Zumba</p> <p>7 pm Movie Night – Mother’s Day</p> <p>23</p>	<p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p> <p>5 pm Butcher Block Night</p> <p>24</p>	<p>9 am Never Miss a Day</p> <p>10 am Chisel & Tone</p> <p>25</p>
<p>Strength Training 01</p> <p>29</p>	<p>9 am TN Triples</p> <p>9 am Cardio Strength</p> <p>10 am Developer PB Clinic</p> <p>10:30 am Yoga</p> <p>12 pm Memorial Bocce Celebration</p> <p>6:30 pm Zumba</p> <p>30</p>	<p>9 am PB Shot of the Week</p> <p>9 am Pilates</p> <p>10:30 am Aqua Fit</p> <p>31</p>	

CALENDAR OF EVENTS • JUNE 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

CALENDAR KEY:

- Lifestyle Events
- HOA Events/Meetings
- Gather Events
- Fitness/Wellness
- Court Sports
- Spa
- Arts Activities
- Holidays



	2	8 am Full Body Strength Training 10 am Pickleball 101	3	9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10:30 am Yoga 6:30 pm Zumba	4	8 am Full Body Strength Training 10 am PB Pickleball 10:30 am Aqua Fit 11 am New Homeowners 3 pm Peel Party 6:30 pm Tame Your
	9	8 am Full Body Strength Training 10 am Pickleball 101	10	9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10:30 am Yoga 12 pm Do's and Don'ts – Working Out with Injuries 6:30 pm Zumba	11	8 am Full Body Strength Training 10 am PB Pickleball 10:30 am Aqua Fit 1 pm French Open Tennis 2 pm Cooking Class
11 am Brunch	16	8 am Full Body Strength Training 10 am Pickleball 101	17	9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10 am CPR & AED Demonstration 10:30 am Yoga 6:30 pm Zumba	18	8 am Full Body Strength Training 10 am PB Pickleball 10:30 am Aqua Fit 6 pm Southern Comfort
	23	8 am Full Body Strength Training 10 am Pickleball 101	24	9 am Cardio Strength 9 am Tennis Drill & Play 10 am Developer PB Clinic 10:30 am Yoga 6:30 pm Zumba	25	8 am Full Body Strength Training 10 am PB Pickleball 10:30 am Aqua Fit
11 am Brunch	30					

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



10 am Chisel & Tone 1

Strength Training 01 5
Member Orientation
Paper Clutter

7:30 am Deep Sea Fishing
9 am TN Triples
9 am Cardio Strength
10 am Developer PB Clinic
10:30 am Yoga
6:30 pm Zumba 6

9 am PB Shot of the Week
9 am Pilates
10:30 am Aqua Fit 7

10 am Chisel & Tone
8 pm Flora Top Hits Band Dance Party 8

Strength Training 01 12
Tournament
Charcuterie & Bourbon Board

9 am TN Triples
9 am Cardio Strength
10 am Developer PB Clinic
10:30 am Yoga
3 pm Yoga Nidra with Breathwork & Sound Therapy
6:30 pm Zumba 13

9 am PB Shot of the Week
9 am Pilates
10:30 am Aqua Fit
2 pm Bocce Club Championship 14

10 am Chisel & Tone
5 pm Butcher Block Night 15

Strength Training 01 19
Heart Food with the Traveling Chef

9 am TN Triples
9 am Cardio Strength
10 am Developer PB Clinic
10:30 am Yoga
3 pm Tacos and Tennis
6:30 pm Zumba 20

9 am PB Shot of the Week
9 am Pilates
10:30 am Aqua Fit 21

10 am Chisel & Tone
8 pm Chello – An Evening of Motown and Funk Dance Party 22

Strength Training 01 26

9 am TN Triples
9 am Cardio Strength
10 am Developer PB Clinic
10:30 am Yoga
5 pm Singles Bocce and Burgers
6:30 pm Zumba
7 pm Movie Night – Father of the Bride 27

9 am PB Shot of the Week
9 am Pilates
10:30 am Aqua Fit 28

9 am Free Equipment Clinic
10 am Chisel & Tone 29



GATHER

RESTAURANT & BAR



LUNCH

Thursday - Sunday | 11 a.m. - 5 p.m.

DINNER

Thursday - Saturday | 5 p.m. - 9 p.m.

OUTDOOR POOL BAR

Thursday - Saturday | 11 a.m. to 9 p.m.
Sunday | 11 a.m. - 5 p.m.

HAPPY HOUR

Thursday - Saturday | 4 p.m. - 6 p.m.
Sunday Drinks only | 11 a.m. - 4 p.m.

NEW BEGINNING JUNE 19
GRAB AND GO MENU!
Wednesdays & Sundays

Gather Brunch

11 a.m. - 2 p.m.

April 14 • April 28

May 12 • May 26 • June 16 • June 30



BLOCK PARTY HAPPY HOURS

Want to meet your neighbors? Join us at one of our themed Block Party Happy Hours. Cabanas are assigned streets, so you can meet the folks who live closest to you.

Spring Fling Block Party!

Wednesday, April 10th
4 pm | Resort Pool Deck
\$25

Registration deadline: April 6

Meet your neighbors and join your friends on the resort pool deck for a fun evening and create new friendships! Music provided by one of our favorite DJ's, dancing, and more! Meal includes char-grilled bbq chicken wings, bang bang shrimp, watermelon salad and potato skins. Chips & dips available for everyone at the selfie station!



Kentucky Derby Block Party

Saturday, May 4th
5 p.m. | Resort Pool Deck & Social Hall | \$25

Registration deadline: April 26

Meet your neighbors and join your friends on the resort pool deck for a fun evening and create new friendships! Move into the Social Hall to watch the race! Then celebrate the Kentucky Derby's 150th Birthday! Music provided by DJ, dancing, and more! Meal includes Southern Fare & Birthday Cake! More details to come!

STARTING IN APRIL

Gather Fridays

1ST FRIDAY OF THE MONTH

Italian Night

2ND FRIDAY OF THE MONTH

Fresh Catch Friday

3RD FRIDAY OF THE MONTH

BBQ Night

4TH FRIDAY OF THE MONTH

Seafood Boil

The specific special will go out on Tuesday for the following Friday!

Community Knife Sharpening Day

Thursday, April 18th

1 - 5 p.m. | Mailbox Pavilion | \$7 per Knife

Kitchen Kutz will provide mobile sharpening services done on site for kitchen knives, serrated knives, filet knives, pocket knives and more! Feel free to drop off and pick up later.



SATURDAY BUTCHER BLOCK NIGHTS

Butcher Block Nights will feature prime rib, lobster, Chef's choice signature cut, and live music from 5 – 8 p.m. Menus for specific nights will be available in the weekly Gather update eblast.



CHEF DEBRA'S COOKING CLASSES

Flatbreads

Sunday, May 19th

12 p.m. | Cooking Studio | \$40

Registration deadline: May 12

Participation: Minimum 12 – Maximum 18

You will learn how to work with yeast, enriched dough, indirect mixing, and dough shaping techniques for grilled flatbreads and focaccia.

Menu:

Garlic & Herb Focaccia with Small Caprese Salad
Zat'aar Grilled Flatbread with Roasted Red Pepper & Chickpea Hummus

Class participants will leave with an 8 oz dough ball for home preparation.

Building a Charcuterie Board & Bourbon Board

Sunday, June 9th | 3 p.m.

Cooking Studio | \$45

Registration deadline: June 2

Participation: Minimum 12 – Maximum 18

To include instructions on how to build a balanced board for both applications. Tasting of several of Chef's favorite food condiment pairings.



Recipes and demonstration of:

Maple/cayenne-candied cashews

Mango Chutney

Drunken Mustard

Menu:

Stilton Blue Cheese, Honeycomb, truffle Dust, Aged Gouda, Mango Chutney, Candied Cashews, Italian hard salami (Finocchio), drunken mustard, roasted garlic

Reservations are required for all events.

FITNESS Programs



A Message from Marni Rudnick

FITNESS OPERATIONS DIRECTOR

Fitness is something that is incredibly important for people of all ages, genders, and sizes. I'm here to tell you that you should definitely roll out of bed and get to that workout. It does not matter if it is a group fitness class or personal training session. It might not seem like it now, but once you get started, you'll notice that you're more energized, your mind is clearer, and you're feeling happier that's to all the endorphins.

On behalf of our entire team, thank you for continuing to show up, for yourself and for each other.

Marni Rudnick
Total Health Systems



FREE Equipment Clinics

April 20 | 9 a.m.

May 16 | 12 p.m.

June 29 | 9 a.m.

Space is limited to 20 participants per session. Register on Total Health Systems website.

Fitness Attendant Hours

- Monday: 9 a.m. – 12 p.m.
- Tuesday: 8 – 11 a.m.
- Wednesday: 1 – 4 p.m.
- Thursday: 10 a.m. – 1 p.m.
- Friday: 8 – 10 a.m.
- Saturday: 9 – 10 a.m.

Reservations are required for all events.

APRIL - JUNE CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Full Body Strength Training: 8:00 a.m.	Cardio Strength: 9:00 a.m. Yoga: 10:30 a.m. Zumba: 6:30 p.m.	Full Body Strength Training: 8:00 a.m. Aqua Fit: 10:30 a.m.	Cardio Strength: 9:00 a.m. Yoga: 10:30 a.m. Zumba: 6:30 p.m.	Pilates: 9:00 a.m. Aqua Fit: 10:30 a.m.	Chisel & Tone: 10 a.m.

CLASS DESCRIPTIONS

Aqua Fit: Interval, strength and cardio training in the pool. You will utilize noodles and aqua dumbbells to get a full body workout all to upbeat music. Whether you are a beginner or expert, you will be sure to get a great workout.

Cardio Strength: This class is for anyone who likes to sweat while building muscle. It will focus on cardiovascular health and muscle tone while keeping you moving. Light to medium weights are combined with moves to engage your heart and lungs. All levels are welcome. Beginners don't be afraid, start your building blocks of good health here.

Chisel & Tone: This is a full body sculpting class where you tone and sculpt using weights to target all the major muscle groups.

Full Body Strength Training: Fire up all the major muscle groups in this full body strength class. Build and maintain muscle mass, help protect your bone density and work towards lifting.

Pilates: This mat-based Pilates class focuses on strength, stability, posture, proper breath control and flexibility. Each class will work to balance all muscle groups' strength and flexibility, with an

emphasis on challenging the core muscles with each movement. Classes will be taught using slow, controlled movements.

Yoga: In this Vinyasa class, the basic foundational yoga postures are practiced to align, strengthen, and promote flexibility in the body. Breathing techniques and meditation are also integrated. You can expect an emphasis on simplicity, repetition and ease of movement.

Zumba: Take the work out of work out by mixing low intensity and high intensity moves for an interval-style calorie burning dance party!

NEW CLASS REGISTRATION OPTIONS

Single Class Registration

If you would like to continue signing up for a specific class for the month, sign up as usual. Your space in the class will be automatically reserved for you.

BYO Variety Pack of Classes

If you would like to try different classes over the month, purchase a variety package of either 5 or 10 classes. After you pay for a class package, you will be able to register for the individual classes you would like to attend. This creates your reservation for a space in that class. Packages expire at the end of every month, so be sure to select the classes you'd like to attend.

5-pack - \$30 | 10-pack - \$50



PERSONAL TRAINING NOW AVAILABLE



Train with your spouse and/or a friend to motivate each other and have fun while working out!

30-minute packages:

3 sessions: \$150 (\$50/session)
10 sessions: \$450 (\$45/session)

1-hour packages:

3 sessions: \$210 (\$70/session)
10 sessions: \$650 (\$65/session)
15 sessions: \$900 (\$45/session)



WORKSHOPS @ THE FITNESS CENTER

The Truth About Muscle Targeting Workouts

Thursday, April 11 | Noon | FREE

Never Miss a Day – Stretching and Balance Exercises

Saturday, May 25 | 9 am

Dos and Don'ts – Working Out with Injuries (back, knee, shoulder, or neck issues)

Tuesday, June 11 | Noon

Fitness Registration Reminder:

Note: Times and classes are subject to change.
Registration for classes opens the 2nd Thursday of every month for the following month. Don't forget to use the "2ndClass" discount code for \$5 off when you register for more than one class. BYO Variety Packages expire at the end of each month.

Around the Trails Sports Social





Enjoy a complimentary tea, infused water, mimosa or champagne with any service!

Sasha Callus Removal Event

Tuesday, April 9
\$25 per person (\$75 value) | 1 p.m. | The Spa

Come sip a mimosa and learn from an expert on the why you need "The Works Pedicure" with the callus softener treatment finish off with a demonstration on how good this treatment is!

Mini Facial Event

Wednesday, May 15
\$25 | 12 p.m. | The Arts & Craft Room

Come and sip a mimosa and learn from an expert on why you need an epiwave facial! Finish off with booking your mini epiwave facial treatment and leave with your skin refreshed and glowing!

Peel Party

Wednesday, June 5
\$75 per person | 3 p.m. | The Spa

Introducing our new Sucses Peel! Turn back the clock with our nano-technology peeling treatment.



Peel Party

Wednesday, April 24
\$75 per person | 3 p.m. | The Spa

Introducing our new Sucses Peel! Turn back the clock with our nano-technology peeling treatment.

Why Wear Jane Iredale the Suncare Makeup Sip and Learn

Wednesday, May 8
\$30 | 11 a.m. – 3 p.m. | The Arts & Craft Room

Makeup Consultant will be offering 30-minute makeup applications.

Yoga Niora (Meditation) with Breathwork & Sound Therapy

Thursday, June 13
\$25 (cash only) | 3 p.m. | The Exercise Studio
Registration deadline: June 5 | Minimum 8



The Spa at Valencia Trails Tuesday - Saturday | 10 a.m. - 5 p.m.

Sports & RACQUET CLUB



The Pro Shop Hours of Operation

April-May

Monday - Saturday | 8 a.m. - 1 p.m.

June-September

Monday - Friday | 8 a.m. - 1 p.m.

A Message from Your

DIRECTOR OF RACQUETS & BOCCE | Jordan Lingle



Hello Valencia Trails court sports players! Since November I have been with many of you on and off court and can honestly say I've loved being here with you as your Director and Coach. Whether it's giving coaching tips, teaching you all in clinics or private lessons, or putting on some amazing events, these past few months have been a blast! I am so excited for what is to come and look forward to our upcoming spring and summer season (I cannot believe it is already April!). The bocce league was a huge success as we had enough teams for two leagues this

winter and spring. All our teams were competitive, friendly, and welcoming to new players as well. Our Pickleball teams did amazing in this winter league through Top Dog as we saw our teams grow but also in our overall skills and with that winning record! Tennis has continued to involve more and more players as we have had incredible clinics and events. Overall, it has been my absolute pleasure to be on and off court with so many of you daily for the past several months and I look forward to the future, let's keep climbing Valencia Trails!



CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

Sporting Tips



PICKLEBALL | Return and Run, Serve and Stay!

While teaching beginners and intermediate players in our Intro to Pickleball and Developer pickleball classes, I always make a corny “Dad” joke to help people remember the strategy of pickleball I say, “When starting a pickleball point you are *always* either serve and stay or return and run. . . you’re either republican or democrat, you cannot be an independent party unless you’re on the sidelines watching your friends and drinking a beer. You’re always serving and staying or returning and running!”

Some people laugh, some stare, but overall, it helps them realize that at a point, especially at the beginning you need to be returning and running up to the kitchen or serving and staying to let the ball bounce. Why? Return and run is simple but important for 2 reasons, on the return side you keep your opponent’s back with a deep return and then it buys you time to get up to the kitchen, which is where you want to spend the most time in pickleball. On the serve side you need to stay back and let the ball bounce, then your goal is to get up to the kitchen depending on what shots your opponents are hitting. At the beginning of a pickleball point, just remember, serve, and stay or return and run!



TENNIS | Volley like a Pro

Volleys in tennis can make or break your game. Many players I teach, or watch seem to love or hate the volley shot in tennis. I personally love it and want to share my 3 main focuses for how to improve your volley at the net. First, *timing is everything*. Getting ready for your volley is one if not the most important part of the shot. I always teach when your opponent is hitting, split step. This is a way to split your feet for balance and readiness. Second, getting your racquet up is vital to a good volley. Often players have it down and when the ball comes, they are not ready and then their contact point with the ball is late. Finally, the last step to a good volley is not swinging. Many players love to swing at every ball but on a volley, especially a volley, no swinging is needed. In fact, *swinging is the opposite of what you want*. Instead of a big swing behind you, keep the racquet out front and “high five” or punch the ball forward with no back swing at all. With these 3 focuses you will see your volley game improve dramatically. Remember, timing is everything so set your feet, get your racquet up, and punch don’t swing at the ball!



BOCCE | Get a Grip

Bocce is a simple and yet unique game, isn’t it? The right grip is the key to making a good toss in the game of bocce ball. In my experience to get more control on your roll it is best before releasing the ball, spread your fingers out evenly around the ball to support its weight, and make sure to not apply any pressure with your thumb. Your thumb should only be used to guide the direction of the ball. When you release, don’t give too much power to get the ball where you want it, let the gravity of your throw do its work and “trust your roll” as they say!

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

TENNIS



Thursday, April 4 | 10 a.m. | \$20

Minimum 8 – Maximum 16

Come play tennis with friends in round robin style matches as we drink yummy mimosas and compete in friendly exhibition tennis games! Mimosas are included in the price as well as organized rounds by our Director, Jordan Lingle. In this event sign up with a friend as your mixed doubles partner who you will play with against other duos who also sign up together.

Member / Guest Club Championship

Thursday, April 21 | 10 a.m. | \$15

Minimum 8 – Maximum 16

Come out and play tournament style matches with your friend from another club to battle for the club Member/Guest championship! It will be single elimination for the winner's bracket and those who lose will be transitioned to the back draw. Winners will have bragging rights and will receive a free hat from the pro shop after the final.

Kings and Queens of the Court

Tuesday, May 7 | 10 AM | \$15

Minimum 8 – Maximum 16

This fun tennis event is organized up and down the river style where you will get a new partner every round depending on if you win or lose. To start, games will be organized by level and then you will compete to keep your court or lose and go down a court. Every round you will be switching partners and playing with a new player you haven't had before. Come join coach Jordan as he plays in with you at a chance to be the King and Queen of the court!



Tennis: Easy as 1, 2, 3

(Singles, Doubles, Triples Round Robin)

Tuesday, May 28 | 10 a.m. | \$15

Minimum 8 – Maximum 16

Round of singles points, doubles points, and triples points. Singles points will be played for 2 games, then doubles for 2 games, and then triples for 2 games. Triples will be three players playing on a court. The player with most points in singles, doubles, and triples wins a hat from the pro shop!



French Open Tournament

Tuesday, June 12 | 1 p.m. | \$15

Minimum 8 – Maximum 16

Round of singles points, doubles points, and triples points. Singles points will be played for 2 games, then doubles for 2 games, and then triples for 2 games. Triples will be three players playing on a court. The player with most points in singles, doubles, and triples wins a hat from the pro shop!



Tacos and Tennis

Thursday, June 20 | 3 p.m. | \$25

Minimum 8 – Maximum 16

Join us for fun round robin style tennis games at this social event. Each round you will play with a different partner, switching up levels and abilities to meet your neighbors. After rounds of tennis for over an hour, we will go get drinks for happy hour and tacos at Gather. The player with the highest point total wins a free margarita!

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

PICKLEBALL

Champion of The Pickle Court



Every Tuesday | 6 p.m. | \$15

Minimum 8 – Maximum 20

In this weekly pickleball event we will organize up and down the river style play where you will get a new partner every round depending on if you win or lose. To start, games will be organized by level and then you will compete to keep your court or lose and go down a court. Every round you will be switching partners and playing with a new player you haven't had before. Come join coach Jordan as he plays in and gives coaching tips in this weekly round robin with music to inspire your dinks!



VALENCIA TRAILS OPEN

2024 Pickleball Mixed Doubles Championship

Sunday, April 14

Come dink with us in our first ever Pickleball Club Championship! Two events for all levels!

- Registration: \$25 (per player)
- Prizes for winners from sponsors: play for a chance to win gear, paddles, and more!
- Sign up with a mixed partner in your level division.
- Players without a partner at registration will be assigned one.
- 24 players (12 teams) per division.
- Please see division levels & ratings below during registration

Sign up deadline is April 10th

Division A: Advanced beginners and low intermediate (2.5-3.0 rating) - Play starts on Sunday at 8 a.m.

Division B: High intermediate and above (3.0-4.5 rating) - Play starts on Sunday at 12 p.m.

If you need help with what division to sign up for please ask coach Jordan. All registrations must be emailed to **Jordan@playmyhoa.com** as such: Names of players and division you are going to play in (A or B).

We need at least 12 players per division to hold each event. Come out and play for bragging rights to be the Club Champ at Valencia Trails and win free gear!



US Open Pickleball Championship

April 20

Join our group at the US Open to support our Valencia Trails' dinkers on April 20. We are going to be matching in these awesome neon pickleball shirts so order your US Open shirt today and join us at the Open!



Shirts are available for sale in the Pro Shop

EVENTS: All events are flexible with weather and can be rescheduled due to weather conditions. All events and clinics need to be registered 24 hours before the event/ clinic. Cancellations must be made 24 hours before the event/ clinic as well for a full refund.

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

BOCCE



Bocce Potluck - Battle of the Ladies vs. Gents

Tuesday, April 23 | 4 p.m. | \$15

Minimum 8 – Maximum 20

Come join us in the first ever Battle of the Ladies vs. Gents! Men's teams will play against ladies' teams in this fun but competitive round robin event. Everyone who participates must bring a potluck dish or side. Winners will have bragging rights over the other team!

Bocce Field Day

Tuesday, April 16 | 1 p.m. | \$20

This event will be filled with fun bocce field day type events: hit the target, closest to the pin, prizes for each event won! Come bring your friends and family to this awesome social event.



Ice Cream Social Bocce Mixer

Thursday, May 16 | 4:30 p.m. | \$15

In this fun social we will roll bocce and eat yummy ice cream with toppings with Coach Jordan! Your partner will be determined each round, and you will play with a different partner every round. Winners get bragging rights and extra ice cream! At least 16 players needed to hold the event.

Memorial Bocce Celebration

Thursday, May 30 | 12 p.m. | \$25

Come celebrate with us the day after Memorial Day by participating in awesome bocce round robin games and eating at Gather after for burgers and hotdogs! Your partner will be decided randomly by the luck of the draw. The top 4 players will face off in a final with everyone watching and cheering friends on.



Bocce Club Championship

Tuesday, June 14 | 2 p.m. | \$20

Minimum 8 – Maximum 30

In this competitive club championship, you will form a team of 6 people to compete against each other for bragging rights as Valencia Trails Bocce Champs! Sign your team up in the pro shop, at least 4 teams are needed to hold the event.



Singles Bocce and Burgers

Thursday, June 27 | 5 p.m. | \$25

Minimum 10 – Maximum 20

In this competitive club championship, you will form a team of 6 people to compete against each other for bragging rights as Valencia Trails Bocce Champs! Sign your team up in the pro shop, at least 4 teams are needed to hold the event.

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

TENNIS SCHEDULE

Drill & Play

Tuesdays | 9 a.m. | \$25

Min. 3, Max. 6 participants

Come learn tips for improving your game. We will review the fundamentals to help you improve your game. It's a great opportunity for both beginners and advanced players to develop their skills.

Triples

Thursdays | 9 a.m. | \$25

Min. 6, Max. 6 participants

A fun drilling and game setting clinic where we work on different shots and strategies with up to 6 people on court. At the end we end with a game called triples where 3 people are on each side of the court, one at the service line and 2 players back at the baseline to help work on both groundstrokes and volleys alike!

3 and Me's

Every Tuesday

3 and Me's are designed for you and your friends to work on the shots and strategies of pickleball and tennis at your own pace, in a group atmosphere for an affordable price! 3 and Me's are just that, a group private lesson with you, your friends, and our very own PPR certified Director of Racquet Sports, Jordan Lingle. Work around your own schedule and book with Jordan directly to get a time that works best for you and your friends! book today by email jordan@playmyhoa.com



PICKLEBALL SCHEDULE

Pickleball Clinics: Pickleball 101

Mondays | 10 a.m. | \$25

Wednesdays | 10 a.m. | \$25

Min. 3, Max. 8 participants

Anyone who is new to pickleball and wants a better understanding of the basics is welcome to join us in Pickleball 101. This clinic will focus on learning the pickleball rules, strategies, scoring, and skills to start playing with friends!

Developer Clinic

Tuesdays | 10 a.m. | \$25

Thursdays | 10 a.m. | \$25

Min. 3, Max. 6 participants

This clinic is for players who are ready to advance their skills to the next level. The focus will be to work on improving the basics of the game. Players should have completed the Intro to Pickleball and know the basics. Work will focus on developing shots, strategies, and positioning on the court.

Pickleball Shot of the Week

Fridays | 9 a.m. | \$25

Min. 3, Max. 6 participants

In this class you will learn a new shot every week with Coach Jordan. We will learn techniques and strategies on how to hit each shot and when to use each shot to improve your game.

Week 1 | Serve and Stay

Week 2 | Return and Run

Week 3 | Volley Placement

Week 4 | Dink Consistency

Week 5 | 3rd Shot Drops

Week 6 | Hard Block Volleys

Week 7 | 5th Shot Drops

Week 8 | Review & Shot

Selection



Private Lesson Rates – Pickleball, Tennis & Bocce

Contact the Pro Shop to schedule private, semi-private or group lessons.

\$100 for full hour private | \$75 for 45-minute private lesson

\$50 for 30-minute private lessons

CANCELLATION POLICY Must contact the Pro Shop 24-hours before reservation otherwise you will be fully charged.

CLUBS at Valencia Trails

Get Involved. Join or Create Your Own Club!



Art Club

Nancy Nowak
nancy@nancynowak.com

Beginner Mah Jong (NEW)

Kim Rowe, Karen Murdaugh,
& Amy Mills
Roweka@verizonnet

Birding Club

Rick Dunning
radirish328@gmail.com

Canasta

Elaine & Burt Weisberg
elw90@comcast.net

Chess

Arnold Zeiger & Jamie Protack
poorwillyzee@gmail.com
jamesprotack@gmail.com

Coin Club

Paul Chiarello
pjchiarel55@gmail.com

The Culinary Crew

Susie Orr
Susieorr14@gmail.com

Dealer's Choice Poker Club

Alan Parsowith
Alanparsowtih@hotmail.com

Euchre Club (NEW)

Kathy Baier
Kathybaier75@gmail.com

Fiction Book Club

Bette Williams
bettebw@gmail.com

Foods of the World Club

Dr. Gwen Patrone
gwen@gwenpatrone.com

Full Throttle Car Club

Bob Eisenhart
beisenhart52@gmail.com

Gardening Club

Michele Kenney
md.kenney@me.com

The Geek Tech Academy (NEW)

Debi Piccus
Debi@piccus.com

(Valencia Trails) Give Back

Lisa Crawford and Lorraine Schmalzer
vtgivesback@gmail.com

Hand & Foot

Mike & Sue Clerkin
Sclerkin18@icloud.com

The Jewish Cultural Club

Phyllis Koss
phyllismsw@aol.com

Left, Center, Right (NEW)

Deb Irons
Debmikearuba@yahoo.com

Living Long, Whole & Happy

Phyllis Koss
phyllismsw@aol.com

Intermediate Mah Jong

Marianne Davis
marianne@drugstoremanagement.com

Mexican Train

Sue and Mike Clerkin
sclerkin18@icloud.com

Needlepoint, Knitting, and Crocheting

Phyllis Koss
phyllismsw@aol.com

Photography (NEW)

Abram Starr
Astarr@comcast.net

Pinochle

Ralph Tufano
Tufbut45@gmail.com

(Daytime Ladies) Poker Club

Carolyn Kimmel and Augusta Lombardi
carkimmel@gmail.com

(Dealer's Choice) Poker Club

Alan Parsowith
alanparsowith@hotmail.com

Singles Club

Jamie Protack
jamesprotack@gmail.com

Social Dance Club

Lena Rome and Nijole Valaitis
VTBallroomForFun@gmail.com

Table Tennis

Richard Schlarb
theschlarb@gmail.com

Texas Hold'em

Don Nowack
donnowackjr@gmail.com

Wine Club (NEW)

Tony Comito
tony_comito@yahoo.com